



Keeping you informed: Changes to the fitness benefit

Due to a recent clarification by the Centers for Medicare & Medicaid Services (CMS), we're changing the items available for the fitness reimbursement benefit, which is available with some Aetna Medicare plans.

Key things to know

- **Effective immediately, the fitness benefit can no longer be used for the following items:**
 - Athletic shoes (all types)
 - Camping tents
 - Fishing rods
 - Hiking poles
 - National and state park fees
- An **updated fitness direct member reimbursement form**, as well as **updated Evidence of Coverage and Summary of Benefits** documents, will be available on AetnaMedicare.com soon.

To learn more about the fitness reimbursement benefit, please view our [updated broker educational flyer](#) and [updated fitness reimbursement guide](#). *Please immediately delete or throw away any old versions of these materials in your possession.*

Member communications

Members will receive an **errata letter** explaining this change starting on **April 23**.

While the benefit amount has not changed, we understand that some members may have to purchase different items than they originally intended. If members have questions, encourage them to call us at the number on their member ID card.

Question? We're here to help!

If you need assistance, please contact [your local Aetna Medicare Broker Manager](#).

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